



Youth Support Worker

Level 3 (Standard)

ST0906



About this guide

This guide includes everything you need to know about the Youth Support Worker apprenticeship standard delivered by RM Training. Within this brochure, we will introduce you to who we are and what we do, as well as our partnerships and our commitment to you.

You will understand the benefits of working with RM Training and the knowledge and skills you or your employee will gain by studying the Youth Support Worker Level 3 apprenticeship. We will also cover what you should expect from course enrolment to certification and the journey the apprentice will undertake to become a highly skilled youth support worker.

Who we are

RM Training are an accredited apprenticeship training provider delivering professional courses and apprenticeships across England.

Our courses are written with curriculum experts to ensure our training programmes offer the very best knowledge and skills to help our learners become exceptional.

How we work with apprentices

We understand that everyone is different and what works for one person may not work for another. So, we take time to get to know our apprentices and understand what motivates them, what their interests are and what they want to achieve. Our courses are tailored to the specific training needs and future aspirations of each and every one of our learners.

Our Partners



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About the course

The Youth Support Worker Level 3 course provides learners with the knowledge and skills required to become a certified youth support worker. Our course is expertly tailored to the job role of a youth support worker and teaches learners the skills required to Work in a supporting role with young people aged 11-25 to promote their personal, social and educational development.

Eligibility criteria

To qualify for an apprenticeship course, the following criteria must be met:

- be aged 16+ at the time of enrolment
- be a citizen of the UK or European Economic Area (EEA), or have lived in the UK or EEA for the past three consecutive years
- be in full-time employment, working a minimum of 30 hours per week
- not already hold a qualification at level 4/ foundation degree/HNC or above in the same area that you wish to study

Entry requirements

- be employed within a job role in which your day-to-day responsibilities support the course syllabus
- complete an enhanced DBS check

Course Information

Standard Reference	ST0906
Course Duration	18 Months
Professional Recognition	Youth Support Worker status recognition by: National Youth Agency Education, Training and Standards Committee on behalf of Joint Negotiating Committee for Youth and Community Workers
Course Costs	£4500 Our training courses are either funded by the Government or by employers apprenticeship levy account, depending on the size of the company. Learners are not required to pay towards their apprenticeship training
Additional Requirements	Apprentices are required to have or work towards one of the listed qualifications. GCSE Grade C or above English Maths and ICT Functional Skills Level 2 English, Maths and ICT If an apprentice does not already hold GCSE or Functional Skills they will be enrolled for free onto the functional skills course to run alongside their main apprenticeship.

Course Qualifications

In order to pass the Youth Support Worker course , you are required to complete a mandatory qualification as part of your on-programme learning.

This qualification contains mandatory and optional units which will develop your knowledge and competency to become a certified youth support worker. The assessment of your knowledge and competency will be an accumulation of evidence that is collected by your tutor throughout your course and stored within your unique e-portfolio. The units available are:

Mandatory Units
Engaging and Communicating with Young People
Safeguarding in a Youth Work Setting
Theory of Youth Work
Young People's Development
Reflective Practice in a Youth Work Setting
Work-based Practice in Youth Work
Working with Behaviour that Challenges in Youth Work Settings
Group Work within a Youth Work Setting

Optional Units
Anti-Discriminatory Practice in Youth Work
Detached and Outreach Youth Work
Effective Outcomes-Based Youth Work
Exploring Values, Beliefs and Spiritual Development within a Youth Work Setting
Work with Young People to Reduce Involvement in and Impact of Youth Violence, Criminal Activities and Exploitation
Young People's Participation in Youth Work

Optional Units
Facilitate the Learning and Development of Young People through Mentoring
Facilitating Youth Trips and Residentials
Managing a Budget within a Youth Work Setting
Managing Performance in a Youth Work Setting
Principles of Supporting Young People with regard to Relationships and Sexual Health
Referrals and Signposting in Youth Work Settings
Social Action
Supervision in the Youth Work Context
Support Young People to Achieve their Learning Potential
Support Young People's Transition to Independence
Support Young People who are Looked After or are Leaving Care
Support Young People who are not in Employment, Education or Training or that have been Excluded from School
Support Young People who are Refugees or Seeking Asylum
Supporting Young People with Disabilities and Additional Learning Needs within a Youth Work Setting
Trauma Informed Approaches to Youth Work
Understand How to Manage Staff in a Youth Work Setting
Understand how Youth Work can Support Young People's Mental Health and Wellbeing
Understand how Youth Work can Support Young People who are Experiencing Poverty
Understand how Youth Work can Support Young People who Misuse Substances
Understand how Youth Work Supports Young People who are Lesbian, Gay, Bisexual, Transgender or Questioning (LGBTQ+)

Course Structure

All our courses follow a four-stage structure that includes entry assessments, on programme learning, the checking of progress at gateway and end point assessment.

Initial Assessments

Prior to enrolment, the learner will be required to complete initial assessments in English and Maths. If they are currently employed within a job role which supports the course curriculum, they will be required to complete a skills scan to determine prior knowledge and experience. Learners must not be fully competent in all areas as they are required to obtain new knowledge skills and behaviours as part of the apprenticeship.

Teaching and Learning

Throughout the duration of the apprenticeship, the learner will be supported by the employer and RM Training tutor to develop the competencies necessary to become a certified youth support worker. On-programme learning will include the teaching needed to help develop the knowledge, skills and behaviours outlined within the apprenticeship standard

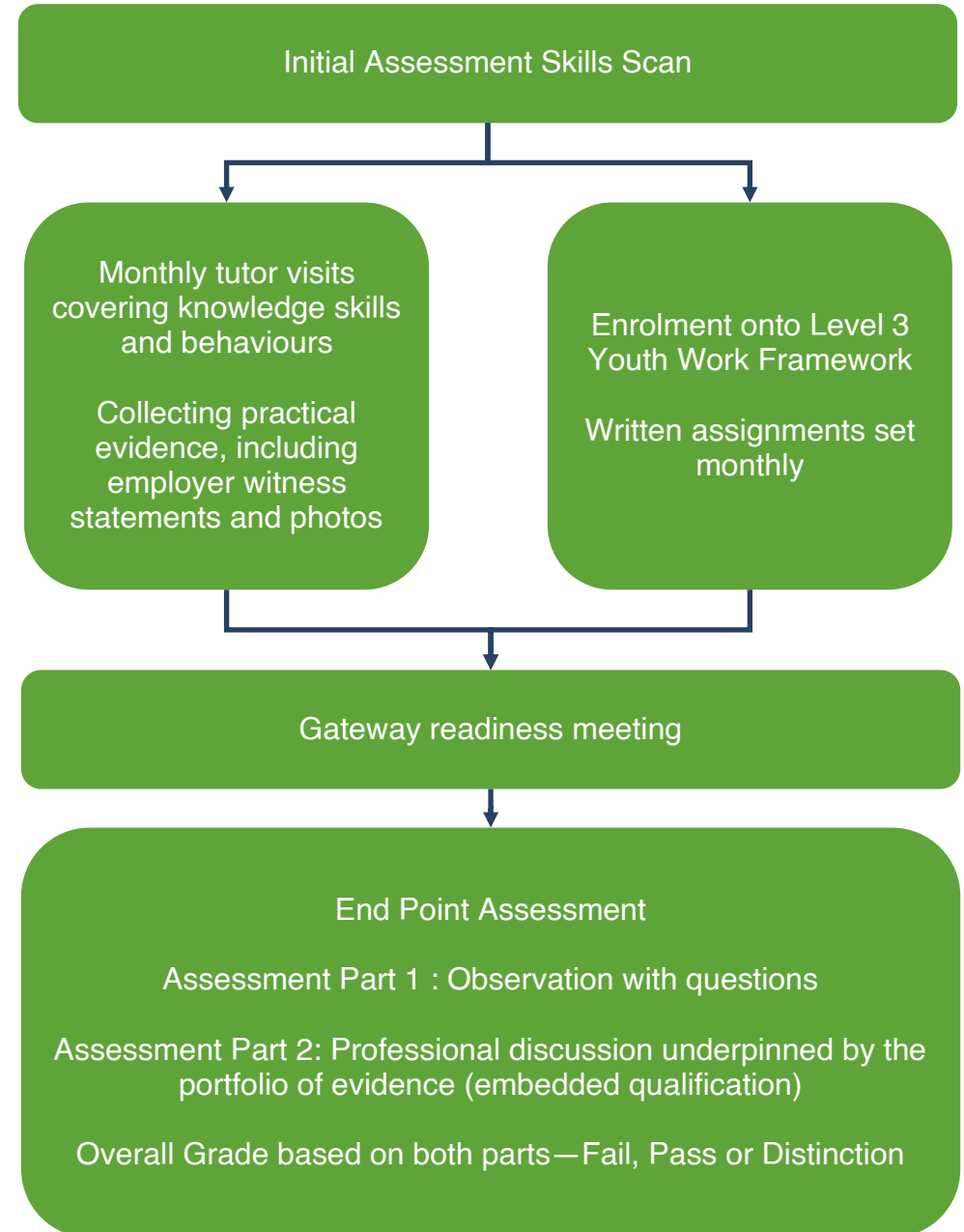
Assessment Gateway

Before progressing to End Point Assessment both the tutor and employer will check the learners progress to ensure they have gained the relevant knowledge skills and behaviours required to complete the course.

End Point Assessment (EPA)

The EPA takes place once you have completed your on-programme learning and you have successfully met the criteria outlined within the Assessment Gateway

Course Timeline



Occupation duties

The Youth Support Worker Level 3 course teaches learners the knowledge, skills and behaviours (KSBs) outlined within the apprenticeship standard.

As a minimum the apprentice will need to have the following 11 duties made available to them as part of their working role. This is to allow them to gain the full knowledge skills and behaviours required to pass their apprenticeship.

Duty 1 Establish and maintain relationships with young people
Duty 2 Establish and maintain relationships with community groups and/or key partners.
Duty 3 Use informal education practices to develop young people's social education; providing programmes of activities, services and facilities.
Duty 4 Actively participate in supervision with a professional youth worker or equivalent
Duty 5 Plan for, deliver and evaluate youth work experiences supported by the supervision of a professional youth worker or equivalent
Duty 6 Enable young people to explore their values, beliefs and identity
Duty 7 Work with young people in line with youth participation principles to promote and facilitate youth voice and influence
Duty 8 Work within relevant legislative requirements including those regarding Health and Safety, Child Protection, Safeguarding, Data Protection and the Equalities Act 2010
Duty 9 Maintain a safe environment for group work under the supervision of a JNC qualified professional range youth worker or equivalent*
Duty 10 Perform and ensure the discharge of administrative duties (for example budget control, records keeping or reporting)
Duty 11 Line management responsibility for assistant youth support workers, sessional workers, volunteers or peer leaders, including recruiting, developing and support



Knowledge Criteria

K1: Methods to build trust and rapport, with diverse groups of young people
K2: Group work theory and its application in work with young people.
K3: Local and national factors that impact on young people i.e. social, environmental, economic, political
K4: Local community networks and ways in which young people might become involved
K5: Partnership and multi-agency working
K6: Communication techniques including verbal, written and electronic
K7: Places and spaces that professional youth support work might happen and how approaches might differ dependent on context, environment and/or young person
K8: Key reflective practice models that can be used in youth support work practice and their impact
K9: Critical reflection, and how to use it in practice to enhance continuous professional development for youth support work
K10: Professional approaches to informal education with individuals and groups in different settings
K11: Youth support work planning, monitoring and evaluation methods and how these are applied in practice
K12: Methods for evaluating and recording youth work sessions and how these are applied in practice
K13: What is meant by values and beliefs and why it is important to encourage young people to explore these.
K14: Different contexts, including cultural, social and political perspectives operating within young people's communities and wider society
K15: Methods for encouraging and enabling young people to participate in an inclusive manner

K16: Article 12 of the United Nations Convention on the Rights of the Child in youth work settings
K17: Approaches for increasing active participation and creating opportunities for youth voice and leadership
K19: Current national and local policies for safeguarding young people and vulnerable adults; and the application of
K20: Indicators for abuse and exploitation and how to recognise these and take action within the context and setting
K21: Health and safety policies relating to the care and wellbeing of young people and implementation of these in the
K22: Positive risk benefit assessment to ensure there are safe working practices for youth support work
K23: How to collect and use sources of information in order to demonstrate the impact and benefits of youth support work
K24: Systems and procedures relevant to the role and setting
K25: First line management styles that are supportive and developmental for volunteers and assistant youth support
K26: Limits of professional behaviour boundaries in line with organisational policies and procedures

Skills Criteria

S1: Recognise, manage and reflect upon relational boundaries in professional youth support work
S2: Communicate with stakeholders - internal and/or external
S3: Facilitate the learning and development of young people
S4: Encourage the participation of young people in developing their own learning
S5: Facilitate activities and techniques to use with young people that promote self-confidence and build self-esteem and resilience
S6: Reflect individually and through supervision on practice in line with daily tasks to enhance the support young people receive
S7: Monitor and record the outcomes of own practice to identify areas for development and improvement
S8: Appropriately manage behaviour boundaries in line with organisational policies
S9: Plan youth support work programmes and sessions
S10: Lead youth support work programmes and sessions
S11: Evaluate youth support work programmes and sessions
S12: Enable young people to express their views, aspirations, needs and concerns appropriately in line with youth support work principles
S13: Identify, appropriately challenge and act upon oppressive or discriminatory attitudes, behaviours and situations
S14: Support young people to participate in planning, organising, delivering and evaluating youth work activities and programmes, and engaging on issues of importance to them
S15: Embeds in own practice a commitment to the rights of young people

S16: Apply safeguarding procedures and protocols
S17: Work within the parameters of organisational, local and national health and safety, child protection, data protection and equalities policies and procedures
S18: Participate in risk assessments and manage risk and risk benefits within the workplace
S19: Record all health and safety risks and take the correct actions to ensure the safety of all young people
S20: Complete administrative responsibilities e.g., signing in young people, risk assessments and recording activities
S21: Manage budgets and resources
S22: Manage individuals in line with organisational procedures

Behaviours Criteria

B1: Work in an anti-oppressive, anti-discriminatory manner
B2: Promote acceptance and understanding of others
B3: Support positive engagement in activities
B4: Uphold principles and values of youth work practice
B5: Celebrate success and the journey of young people individually and collectively
B6: Respect young people's rights to make their own decision about involvement with youth work
B7: Promote the values of justice, fairness and equality
B8: Take a positive interest in young people's concerns, ideas and interests
B9: Promote the development of political and social education for and with young people
B10: Compliance with relevant policies and procedures